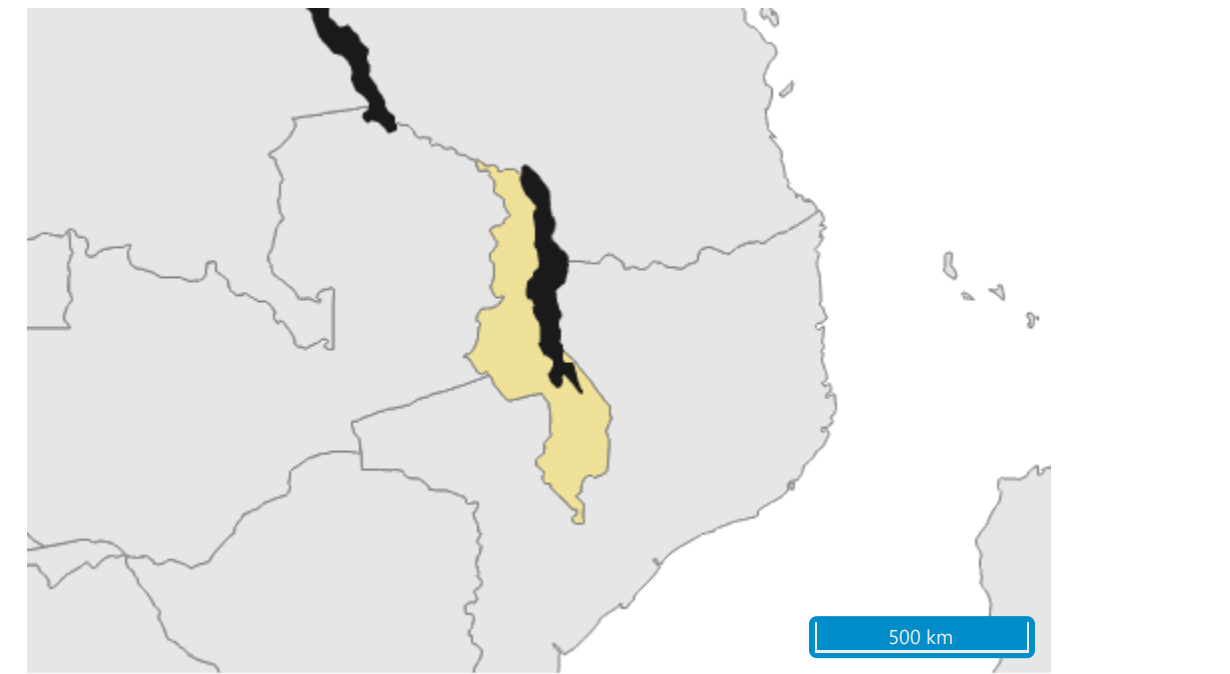




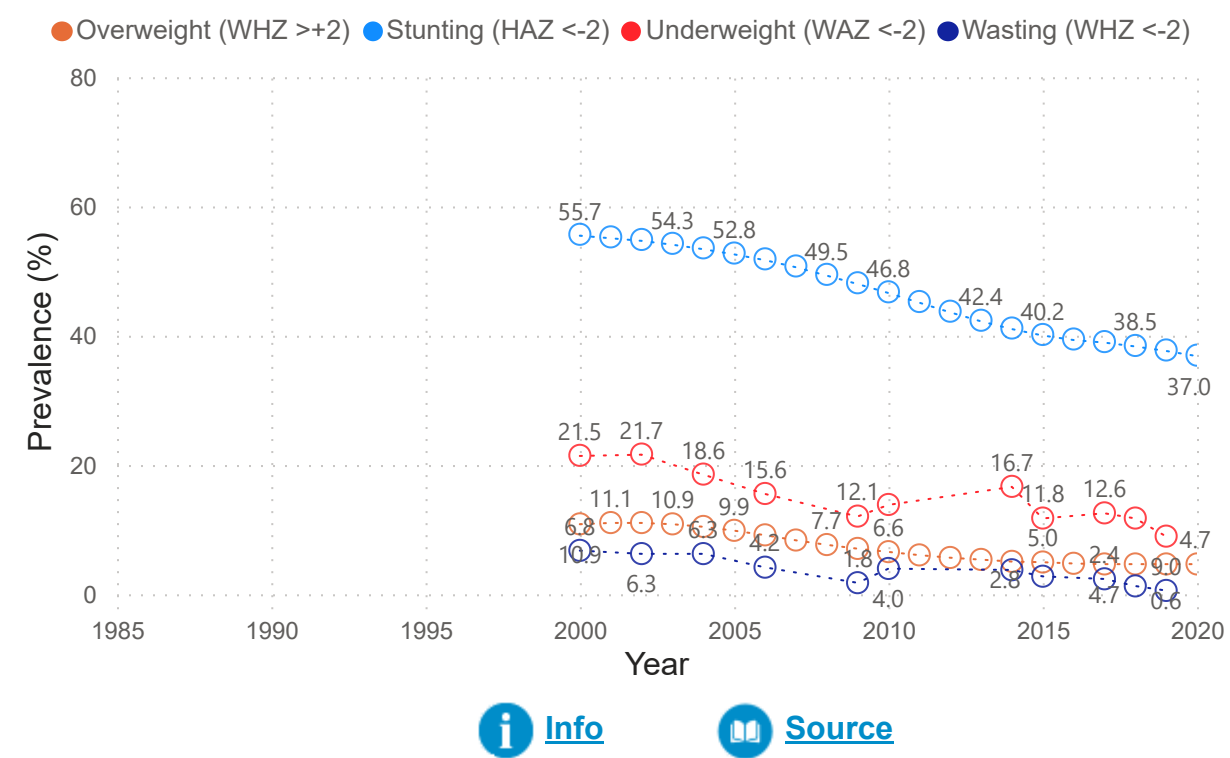


Country Profile

# Malawi

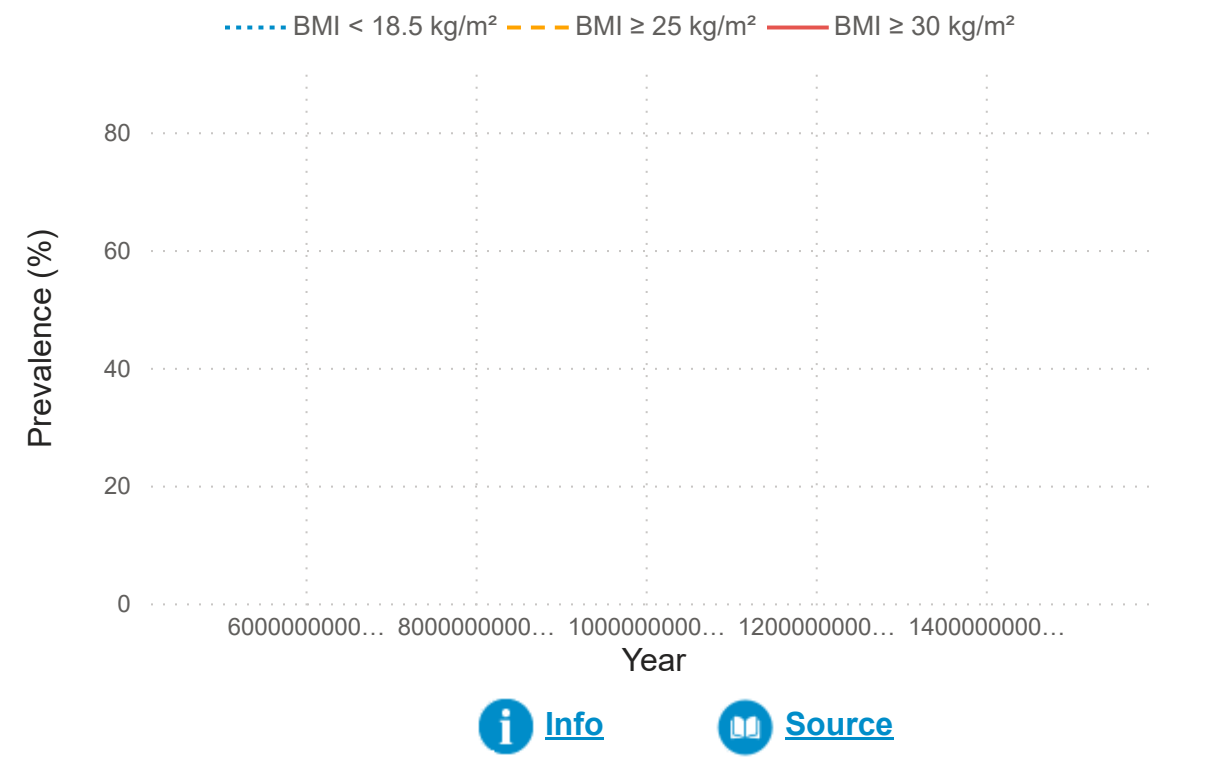
This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

## Child Malnutrition



| Indicator                                                                             | Info              | Year | Value | Source               |
|---------------------------------------------------------------------------------------|-------------------|------|-------|----------------------|
| Low birth weight, prevalence (%)                                                      | <a href="#">i</a> | 2015 | 14.5  | <a href="#">View</a> |
| Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%) | <a href="#">i</a> | 2016 | 10.6  | <a href="#">View</a> |

## Malnutrition in Women



## Vitamin and Mineral Deficiencies

| Indicator                                                                                            | Info              | Year | Value   | Source               |
|------------------------------------------------------------------------------------------------------|-------------------|------|---------|----------------------|
| Anaemia children <5 y (Hb<110 g/L) (%)                                                               | <a href="#">i</a> | 2019 | 55.1    | <a href="#">View</a> |
| Anaemia in non-pregnant women (Hb <120 g/L) (%)                                                      | <a href="#">i</a> | 2019 | 30.6    | <a href="#">View</a> |
| Anaemia in pregnant women (Hb <110 g/L) (%)                                                          | <a href="#">i</a> | 2019 | 39.3    | <a href="#">View</a> |
| Anaemia in women of reproductive age (%)                                                             | <a href="#">i</a> | 2019 | 31.4    | <a href="#">View</a> |
| Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%) | <a href="#">i</a> | 2005 | 5.8     | <a href="#">View</a> |
| Median urinary iodine concentration in children 6-12 years (µg/L)                                    | <a href="#">i</a> | 2009 | 175     | <a href="#">View</a> |
| Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)   | <a href="#">i</a> |      | No data |                      |

## Health Services

| Indicator                                                                                                                              | Info              | Year      | Value   | Source               |
|----------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------|---------|----------------------|
| Any antenatal iron supplementation (%)                                                                                                 | <a href="#">i</a> | 2016      | 89.2    | <a href="#">View</a> |
| Births attended by skilled health personnel (%)                                                                                        | <a href="#">i</a> | 2019-2020 | 96.4    | <a href="#">View</a> |
| Births in baby-friendly facilities (%)                                                                                                 | <a href="#">i</a> | 2015      | No data | <a href="#">View</a> |
| Children <5 years with diarrhoea receiving ORS (%)                                                                                     | <a href="#">i</a> | 2014      | 48.5    | <a href="#">View</a> |
| Children aged 1 year immunized against measles (%)                                                                                     | <a href="#">i</a> | 2021      | 90      | <a href="#">View</a> |
| Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)                                                                 | <a href="#">i</a> | 2020      | 19      | <a href="#">View</a> |
| Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)                                                                 | <a href="#">i</a> | 2020      | 84      | <a href="#">View</a> |
| Children with diarrhoea receiving zinc and ORS (%)                                                                                     | <a href="#">i</a> | 2016      | 24.4    | <a href="#">View</a> |
| Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%) | <a href="#">i</a> |           | No data |                      |
| Population using improved drinking-water sources (%)                                                                                   | <a href="#">i</a> | 2020      | No data | <a href="#">View</a> |
| Population using improved sanitation facility (%)                                                                                      | <a href="#">i</a> | 2020      | 24      | <a href="#">View</a> |

## Food Security

| Indicator                                                                           | Info              | Year | Value   | Source               |
|-------------------------------------------------------------------------------------|-------------------|------|---------|----------------------|
| Households consuming adequately iodized salt (15 parts per million or more) (%)     | <a href="#">i</a> |      | No data |                      |
| Population below minimum level of dietary energy requirement (undernourishment) (%) | <a href="#">i</a> | 2021 | 17.8    | <a href="#">View</a> |
| Population below the international poverty line (%)                                 | <a href="#">i</a> | 2016 | 70      | <a href="#">View</a> |

Caring Practices

| Indicator                                                                                                                    | Info              | Year | Value    | Source               |
|------------------------------------------------------------------------------------------------------------------------------|-------------------|------|----------|----------------------|
| Adolescent birth rate (per 1,000 women aged 15-19 years)                                                                     | <a href="#">i</a> | 2018 | 101.8    | <a href="#">View</a> |
| Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes | <a href="#">i</a> |      | No data  |                      |
| Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)                              | <a href="#">i</a> | 2020 | 41       | <a href="#">View</a> |
| Continued breastfeeding at 1 year in infants 12-15 months (%)                                                                | <a href="#">i</a> | 2015 | 91.6     | <a href="#">View</a> |
| Continued breastfeeding at 2 years in infants 20-23 months (%)                                                               | <a href="#">i</a> | 2015 | 71.5     | <a href="#">View</a> |
| Early initiation of breastfeeding (%)                                                                                        | <a href="#">i</a> | 2015 | 76.24229 | <a href="#">View</a> |
| Introduction to solid, semisolid or soft foods in infants 6-8 months (%)                                                     | <a href="#">i</a> | 2015 | 84.92406 | <a href="#">View</a> |
| Minimum acceptable diet (MAD) in children 6-23 months (%)                                                                    | <a href="#">i</a> | 2015 | 8.1      | <a href="#">View</a> |
| Minimum dietary diversity (MDD) in children 6-23 months (%)                                                                  | <a href="#">i</a> | 2015 | 22.8     | <a href="#">View</a> |

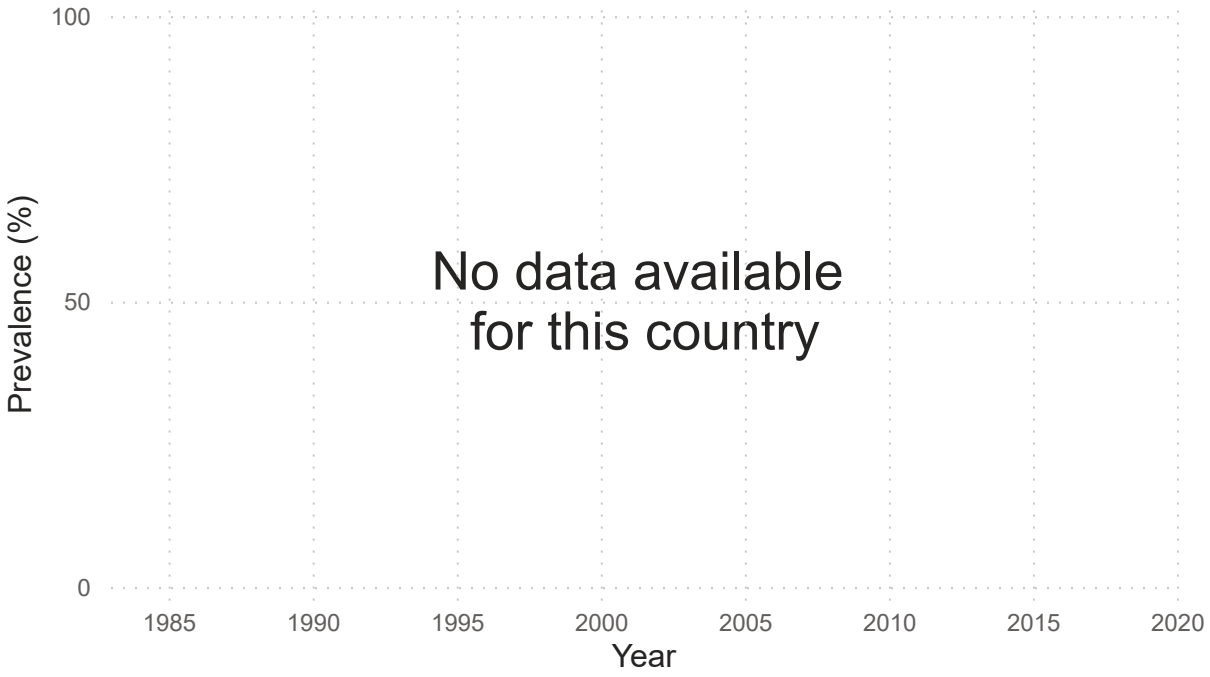
Commitment

| Indicator                                                                            | Info              | Year | Value                            | Source               |
|--------------------------------------------------------------------------------------|-------------------|------|----------------------------------|----------------------|
| General government expenditure on health as % of total government expenditure (%)    | <a href="#">i</a> | 2014 | 16.77                            | <a href="#">View</a> |
| International Code on Marketing of Breast-milk Substitutes: Legal status of the Code | <a href="#">i</a> | 2020 | Moderately aligned with the Code | <a href="#">View</a> |
| Maternity protection: Compliance with international labour standards                 | <a href="#">i</a> | 2021 | Doesn't meet                     | <a href="#">View</a> |
| Nutrition component of Poverty Reduction Strategy Paper (PRSP)                       | <a href="#">i</a> | 2011 | Strong                           | <a href="#">View</a> |
| Nutrition component of the United Nations Development Assistance Framework (UNDAF)   | <a href="#">i</a> | 2011 | Medium                           | <a href="#">View</a> |
| Nutrition Governance score                                                           | <a href="#">i</a> | 2018 | -0.48438447                      | <a href="#">View</a> |
| Per capita total expenditure on health (US\$)                                        | <a href="#">i</a> | 2014 | 93.48                            | <a href="#">View</a> |
| Total expenditure on health as % of gross domestic product                           | <a href="#">i</a> | 2014 | 11.38                            | <a href="#">View</a> |

Meta-indicators

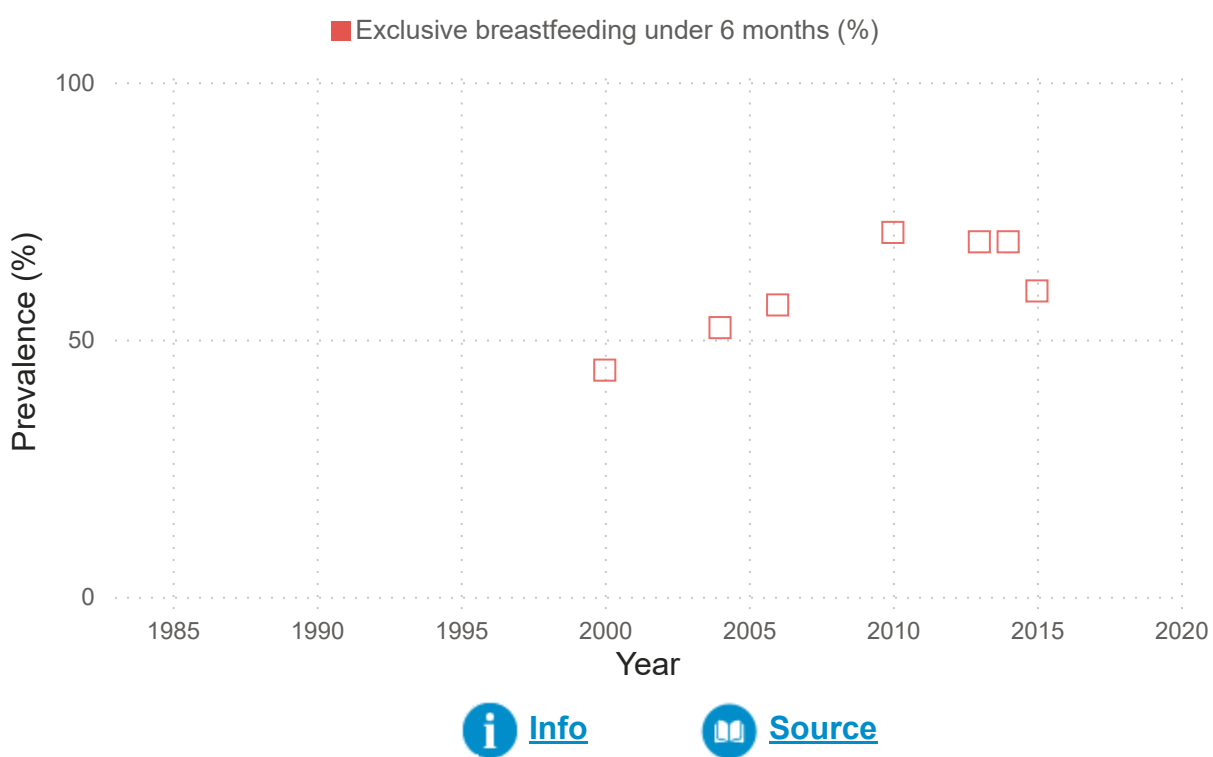
| Indicator                                                               | Info              | Year | Value    | Source               |
|-------------------------------------------------------------------------|-------------------|------|----------|----------------------|
| Averaged aggregate governance indicators                                | <a href="#">i</a> | 2020 | -0.40838 | <a href="#">View</a> |
| Gender Inequality Index (GII)                                           | <a href="#">i</a> | 2019 | 0.565    | <a href="#">View</a> |
| Gender Parity Index in primary level enrolment (ratio of girls to boys) | <a href="#">i</a> | 2019 | 1.0299   | <a href="#">View</a> |
| Global Hunger Index (GHI)                                               | <a href="#">i</a> | 2021 | 21.3     | <a href="#">View</a> |
| Human development index (HDI)                                           | <a href="#">i</a> | 2019 | 0.483    | <a href="#">View</a> |
| Seats held by women in national parliament (%)                          | <a href="#">i</a> | 2022 | 22.92    | <a href="#">View</a> |

Education



[Info](#) [Source](#)

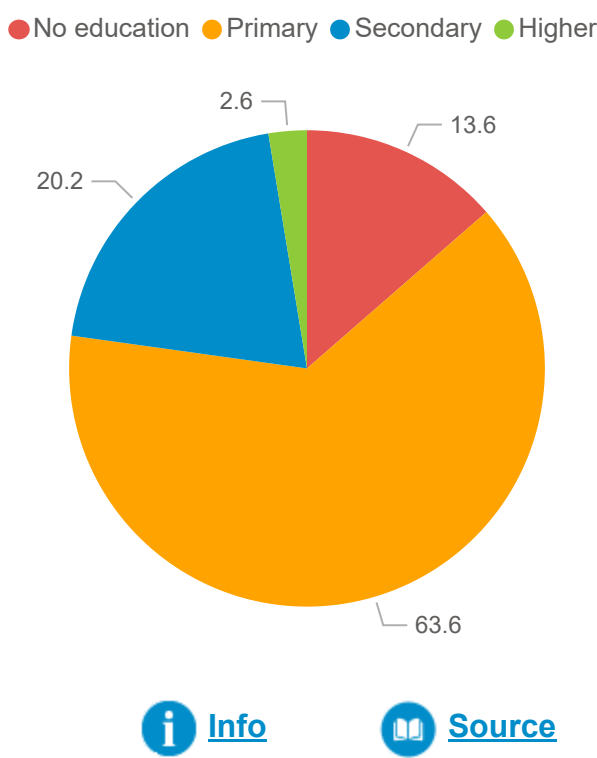
Breastfeeding



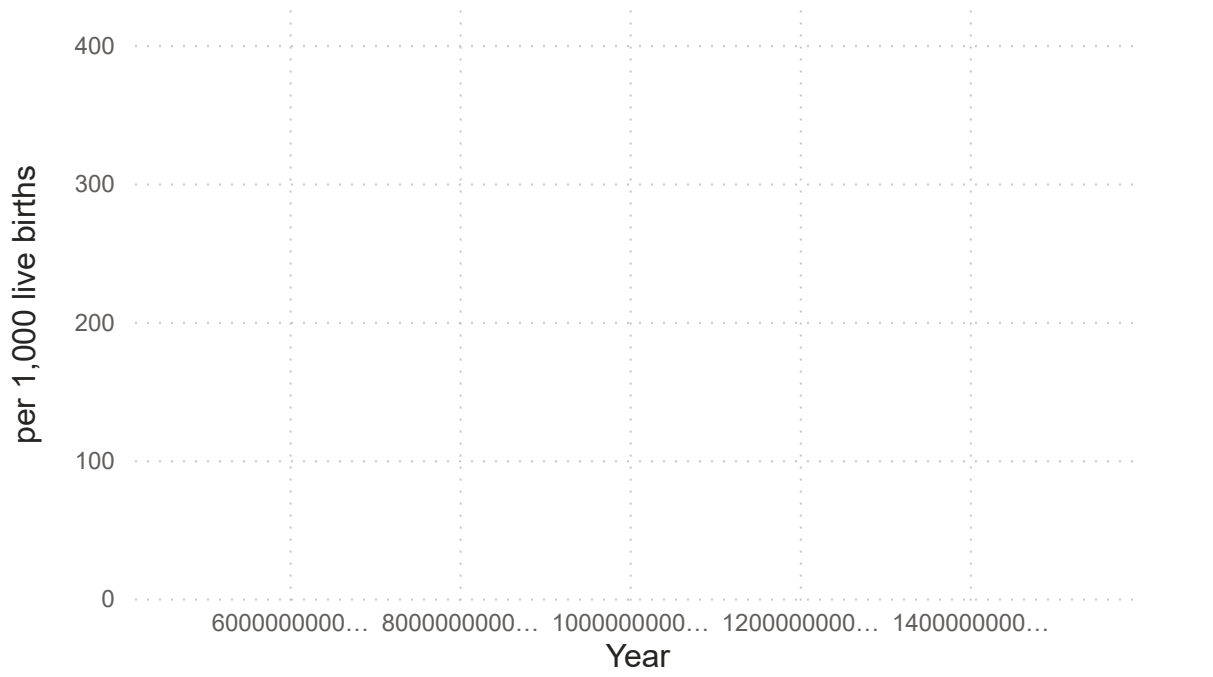
Capacity

| Indicator                                                                     | Info              | Year | Value      | Source               |
|-------------------------------------------------------------------------------|-------------------|------|------------|----------------------|
| Degree training in nutrition exists                                           | <a href="#">i</a> | 2017 | Yes        | <a href="#">View</a> |
| GDP per capita (PPP US\$)                                                     | <a href="#">i</a> | 2021 | 1658.33442 | <a href="#">View</a> |
| GDP per capita annual growth rate (%)                                         | <a href="#">i</a> | 2021 | 2.8        | <a href="#">View</a> |
| Low-Income Food-Deficit Country (LIFDC)                                       | <a href="#">i</a> | 2021 | Yes        | <a href="#">View</a> |
| Nursing and midwifery personnel density per 1,000 population                  | <a href="#">i</a> | 2009 | 0.336      | <a href="#">View</a> |
| Nutrition is part of medical curricula                                        | <a href="#">i</a> | 2017 | Yes        | <a href="#">View</a> |
| Nutrition professionals density (per 100,000 population)                      | <a href="#">i</a> |      | No data    |                      |
| Official development assistance (ODA) received (net disbursements) (% of GNI) | <a href="#">i</a> | 2019 | 11.2       | <a href="#">View</a> |

Female Education Levels 2017



Under 5 Mortality



[Info](#) [Source](#)

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

| Policy Title                                                                                | Start Year | View                 |
|---------------------------------------------------------------------------------------------|------------|----------------------|
| National Multi-Sector Nutrition Policy 2018–2022                                            | 2018       | <a href="#">GINA</a> |
| National Community-Based Management of Acute Malnutrition (CMAM) Operational Plan 2017-2021 | 2017       | <a href="#">GINA</a> |
| National Nutrition Policy                                                                   | 2013       | <a href="#">GINA</a> |
| Food Security Action Plan                                                                   | 2008       | <a href="#">GINA</a> |
| National Nutrition Policy and Strategic Plan                                                | 2007       | <a href="#">GINA</a> |
| Food Security Policy                                                                        | 2006       | <a href="#">GINA</a> |
| Food and Nutrition Security Policy                                                          | 2005       | <a href="#">GINA</a> |
| HIV/AIDS Agriculture Sector Policy and Strategy                                             | 2003       | <a href="#">GINA</a> |
| Infant and Young Child Nutrition Policy and Guidelines                                      | 2003       | <a href="#">GINA</a> |
| Employment Act                                                                              | 2000       | <a href="#">GINA</a> |
| National Plan of Action for Nutrition                                                       | 2000       | <a href="#">GINA</a> |

## Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

| Programme title and actions                                                                                                                                               | Start Year | View                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|----------------------|
| Maziko: Nutrition Foundations for Women and Children - Promotion of food security and agriculture                                                                         | 2012       | <a href="#">GINA</a> |
| Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Complementary food fortification                                                      | 2011       | <a href="#">GINA</a> |
| Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Management of severe acute malnutrition                                               | 2011       | <a href="#">GINA</a> |
| Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Promotion of food security and agriculture                                            | 2011       | <a href="#">GINA</a> |
| Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Women's education                                                                     | 2011       | <a href="#">GINA</a> |
| Maternal, Infant and Young Child Nutrition Project - Infant feeding in the context of HIV                                                                                 | 2010       | <a href="#">GINA</a> |
| Purchase for Progress (P4P) Pilot Initiative - Conditional cash transfer                                                                                                  | 2008       | <a href="#">GINA</a> |
| GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12a) National Nutrition Guidelines for Malawi - Food-based dietary guidelines | 2007       | <a href="#">GINA</a> |
| Improving nutrition of women and children: the MICAHA program - Biofortification                                                                                          | 1995       | <a href="#">GINA</a> |
| GNPR 2016-2017: Infant and young child nutrition (q10) - Complementary feeding promotion and/or counselling                                                               |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion                                                                                   |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling                                                                        |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Infant and young child nutrition (q8) - Baby-friendly Hospital Initiative (BFHI)                                                                          |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Nutrition and infectious disease (q40) - Counselling on nutritional support&care for people living with HIV                                               |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Nutrition and infectious disease (q41) - Counselling on nutritional support & care for people living with TB                                              |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Prevention and management of acute malnutrition (q37) - Food distribution/supplementation for prevention of acute malnutrition                            |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Prevention and management of acute malnutrition (q38) - Management of moderate malnutrition                                                               |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Prevention and management of acute malnutrition (q39) - Management of severe acute malnutrition                                                           |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) - Media promotion of healthy nutrition                                    |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Deworming                                                                                                             |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Extracurricular nutrition education                                                                                   |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Food distribution/supplementation for prevention of acute malnutrition                                                |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Home, school or community gardening                                                                                   |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Monitoring children's growth in schools                                                                               |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - Nutrition education included in school curriculum                                                                     |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - School feeding programmes                                                                                             |            | <a href="#">GINA</a> |
| GNPR 2016-2017: School health and nutrition (q11) - School fruit and vegetable scheme                                                                                     |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Folic acid supplementation                                                                                          |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron and folic acid supplementation                                                                                 |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron supplementation                                                                                                |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q26) - Iron and folic acid supplementation                                                                                 |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q26) - Iron supplementation                                                                                                |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Multiple micronutrients supplementation                                                                             |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Vitamin A supplementation                                                                                           |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q28) - Wheat flour fortification                                                                                           |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q29) - Maize/corn flour fortification                                                                                      |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q31) - Oil fortification                                                                                                   |            | <a href="#">GINA</a> |
| GNPR 2016-2017: Vitamin and mineral nutrition (q32) - Salt iodization                                                                                                     |            | <a href="#">GINA</a> |