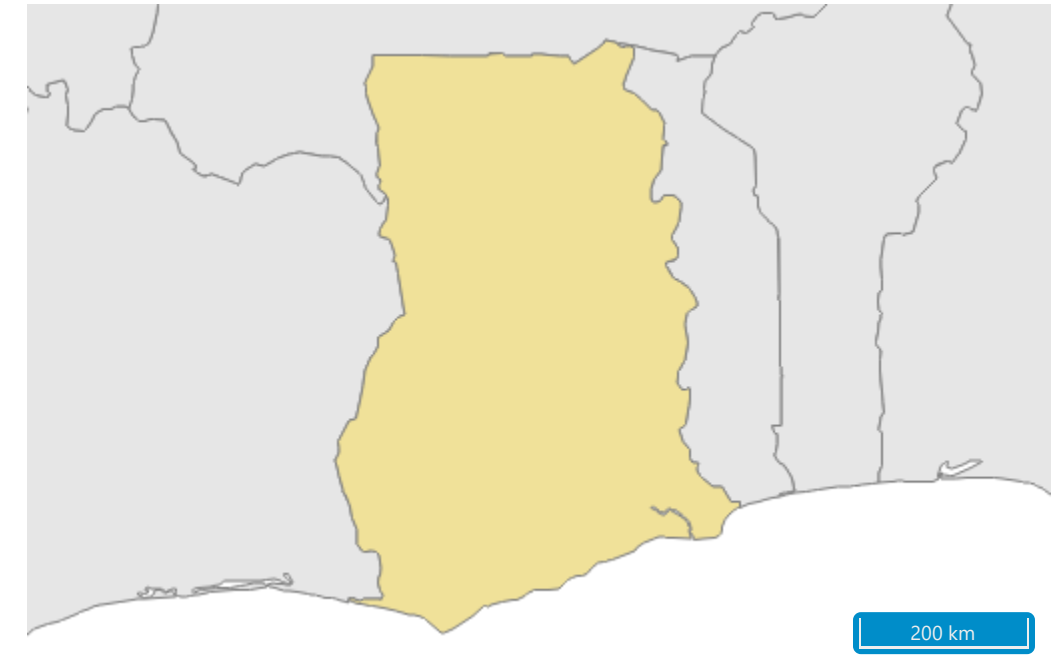
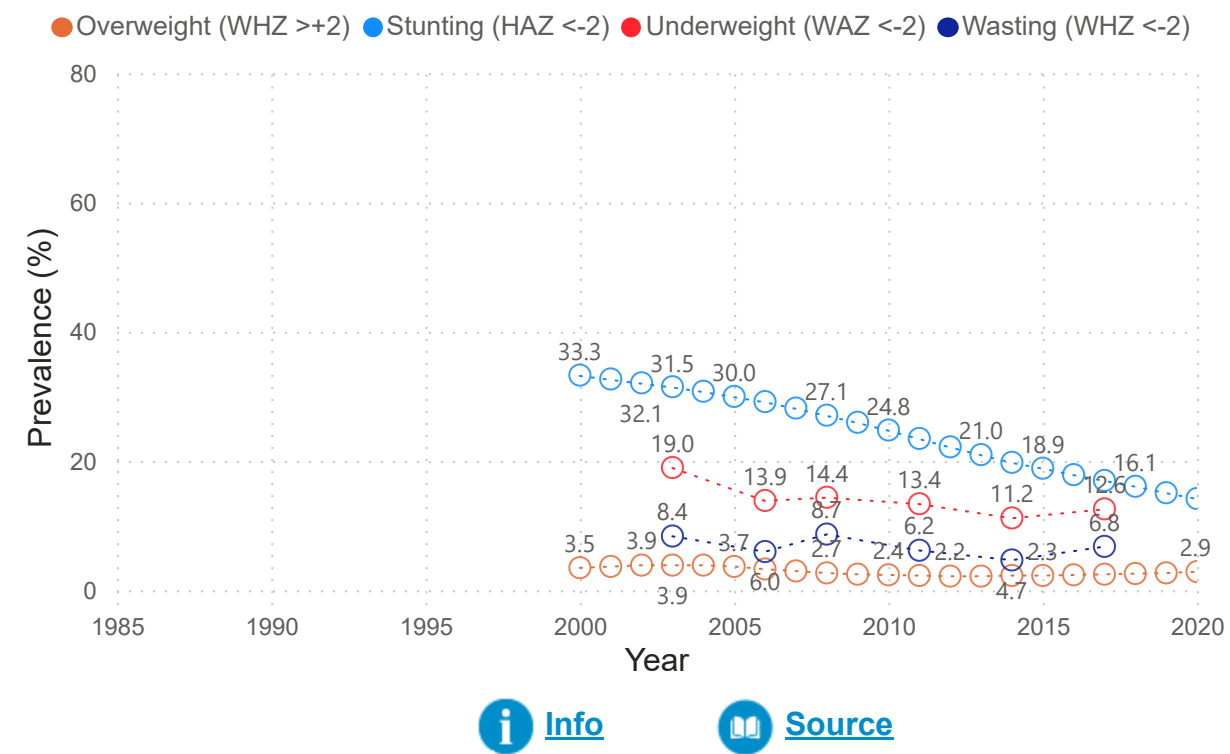




Ghana

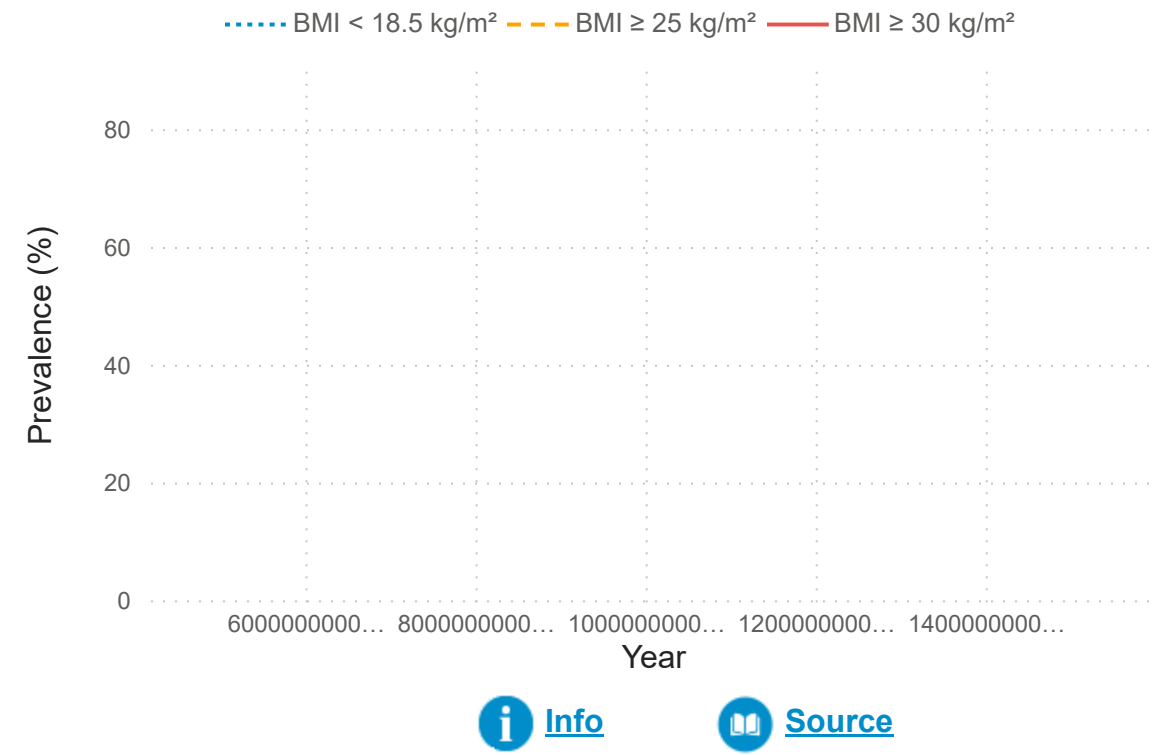
This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

Child Malnutrition



Indicator	Info	Year	Value	Source
Low birth weight, prevalence (%)	i	2015	14.2	View
Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%)	i	2016	10.7	View

Malnutrition in Women



Vitamin and Mineral Deficiencies

Indicator	Info	Year	Value	Source
Anaemia children <5 y (Hb<110 g/L) (%)	i	2019	59.5	View
Anaemia in non-pregnant women (Hb <120 g/L) (%)	i	2019	34.5	View
Anaemia in pregnant women (Hb <110 g/L) (%)	i	2019	47.2	View
Anaemia in women of reproductive age (%)	i	2019	35.4	View
Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%)	i	2008	14.1	View
Median urinary iodine concentration in children 6-12 years (µg/L)	i		No data	
Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)	i		No data	

Health Services

Indicator	Info	Year	Value	Source
Any antenatal iron supplementation (%)	i	2014	91.4	View
Births attended by skilled health personnel (%)	i	2017-2018	78.9	View
Births in baby-friendly facilities (%)	i	2014	None	View
Children <5 years with diarrhoea receiving ORS (%)	i	2011	58.5	View
Children aged 1 year immunized against measles (%)	i	2021	94	View
Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)	i	2020	31	View
Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)	i	2020	77	View
Children with diarrhoea receiving zinc and ORS (%)	i	2018	27.2	View
Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%)	i		No data	
Population using improved drinking-water sources (%)	i	2020	41	View
Population using improved sanitation facility (%)	i	2020	13	View

Food Security

Indicator	Info	Year	Value	Source
Households consuming adequately iodized salt (15 parts per million or more) (%)	i	2017	68.9	View
Population below minimum level of dietary energy requirement (undernourishment) (%)	i	2021	4.1	View
Population below the international poverty line (%)	i	2016	13	View

Caring Practices

Indicator	Info	Year	Value	Source
Adolescent birth rate (per 1,000 women aged 15-19 years)	i	2018	78	View
Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes	i		No data	
Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)	i	2018	38.7	View
Continued breastfeeding at 1 year in infants 12-15 months (%)	i	2018	90.4	View
Continued breastfeeding at 2 years in infants 20-23 months (%)	i	2018	41.5	View
Early initiation of breastfeeding (%)	i	2018	52.0	View
Introduction to solid, semisolid or soft foods in infants 6-8 months (%)	i	2018	79.3	View
Minimum acceptable diet (MAD) in children 6-23 months (%)	i	2018	13.0	View
Minimum dietary diversity (MDD) in children 6-23 months (%)	i	2018	26.1	View

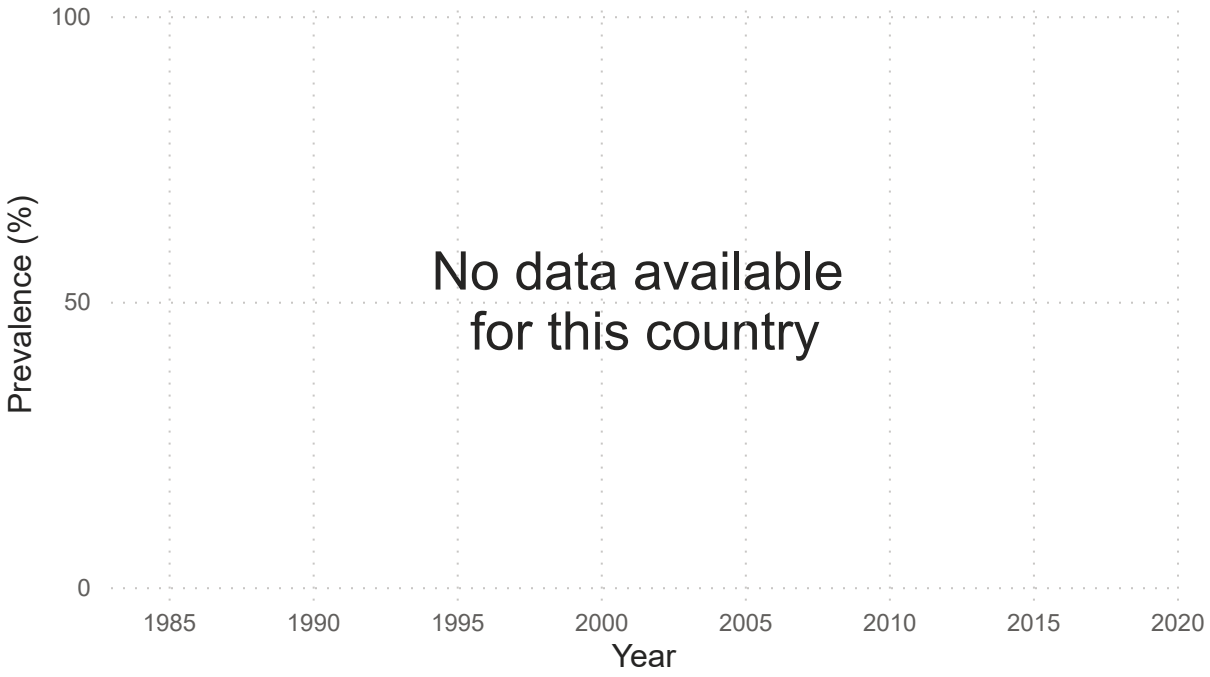
Commitment

Indicator	Info	Year	Value	Source
General government expenditure on health as % of total government expenditure (%)	i	2014	6.82	View
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	i	2020	Substantially aligned with the Code	View
Maternity protection: Compliance with international labour standards	i	2021	Doesn't meet	View
Nutrition component of Poverty Reduction Strategy Paper (PRSP)	i	2009	Weak	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)	i	2010	Medium	View
Nutrition Governance score	i	2018	0.045879152	View
Per capita total expenditure on health (US\$)	i	2014	145.37	View
Total expenditure on health as % of gross domestic product	i	2014	3.56	View

Meta-indicators

Indicator	Info	Year	Value	Source
Averaged aggregate governance indicators	i	2020	0.06706	View
Gender Inequality Index (GII)	i	2019	0.538	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	i	2020	1.01759	View
Global Hunger Index (GHI)	i	2021	14.9	View
Human development index (HDI)	i	2019	0.611	View
Seats held by women in national parliament (%)	i	2022	14.55	View

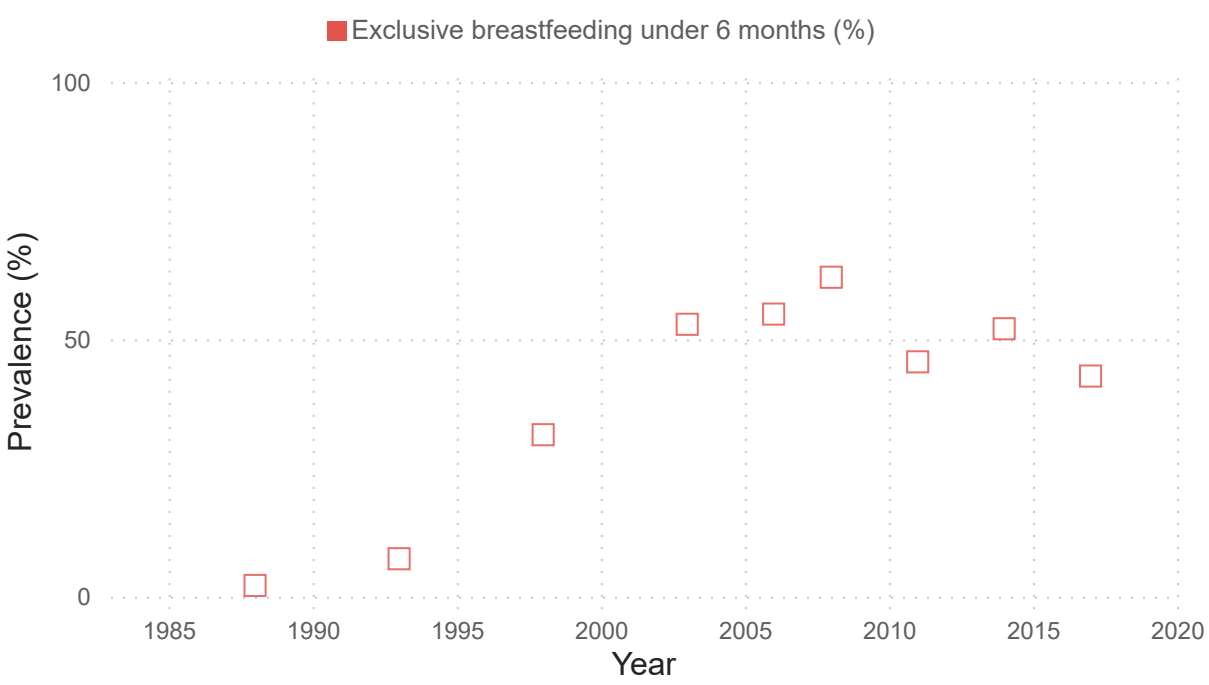
Education



[Info](#)

[Source](#)

Breastfeeding



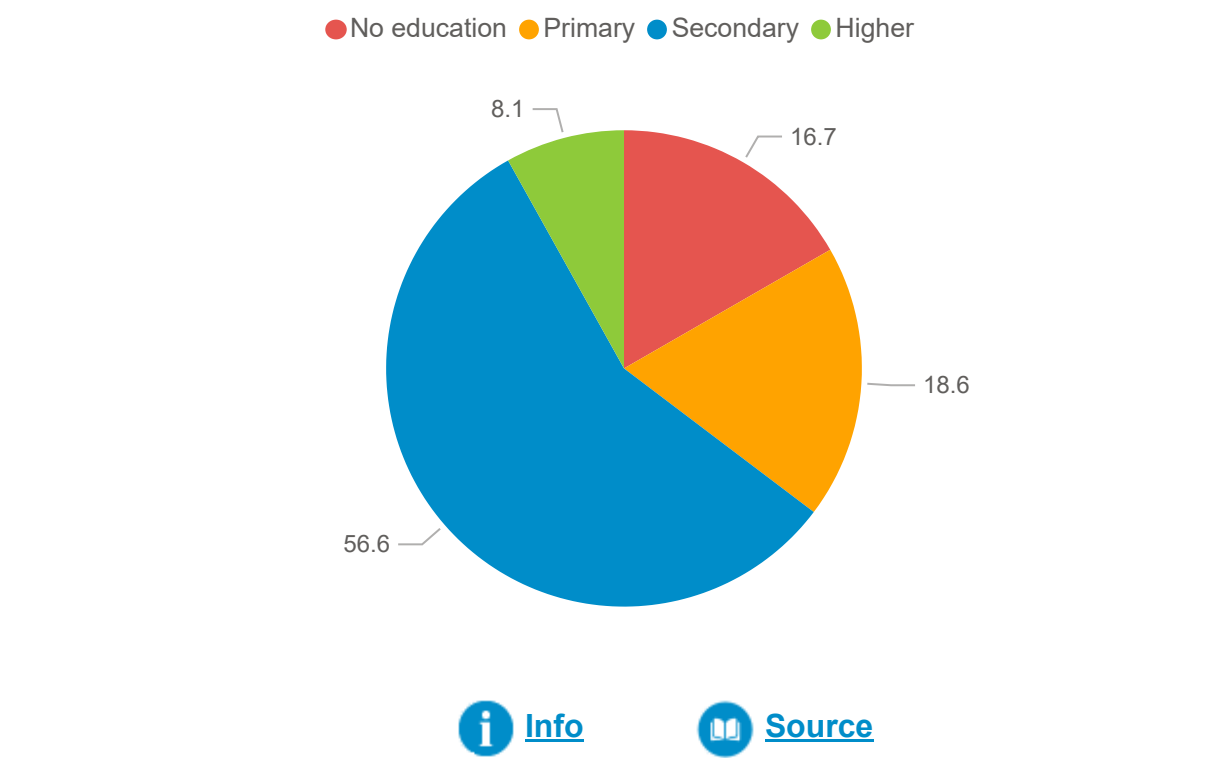
[Info](#)

[Source](#)

Capacity

Indicator	Info	Year	Value	Source
Degree training in nutrition exists	i	2017	Yes	View
GDP per capita (PPP US\$)	i	2021	6178.28507	View
GDP per capita annual growth rate (%)	i	2021	5.4	View
Low-Income Food-Deficit Country (LIFDC)	i	2021	Yes	View
Nursing and midwifery personnel density per 1,000 population	i	2010	0.926	View
Nutrition is part of medical curricula	i	2017	Yes	View
Nutrition professionals density (per 100,000 population)	i		No data	
Official development assistance (ODA) received (net disbursements) (% of GNI)	i	2019	1.4	View

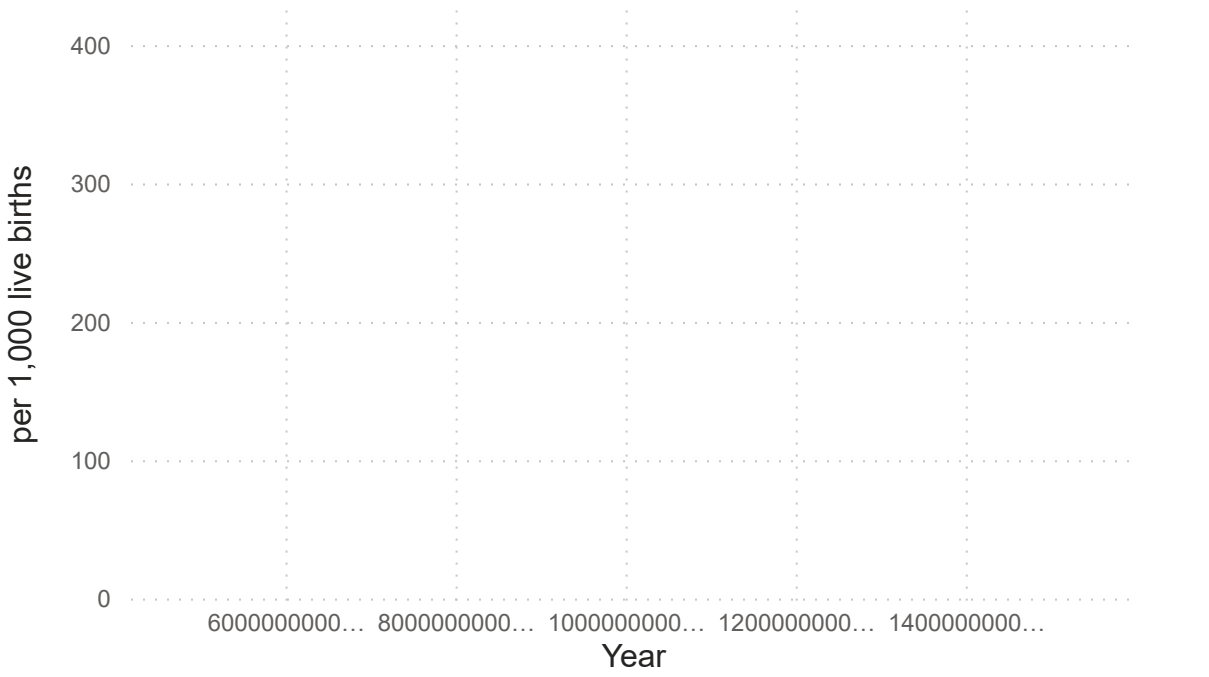
Female Education Levels 2019



[Info](#)

[Source](#)

Under 5 Mortality



[Info](#)

[Source](#)

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy Title	Start Year	View
National Nutrition Policy	2016	GINA
Health Sector Medium Term Development Plan 2014-2017	2014	GINA
National Nutrition Policy 2014-2017	2014	GINA
Strategy for the Management, Prevention and Control of Chronic Non-Communicable Diseases in Ghana	2012	GINA
Health Sector Medium Term Plan	2010	GINA
Medium-Term Development Policy Framework, Ghana Shared Growth and Development Agenda (GSGDA, 2010-2013)	2010	GINA
Child Health Policy	2007	GINA
Creating Wealth through Health	2007	GINA
Infant and Young Child Feeding Strategy for Ghana	2007	GINA
National Health Policy: Creating Wealth Through Health	2007	GINA
Regenerative Health and Nutrition Strategic Plan 2007-2011	2007	GINA
Under Five's Child Health Policy 2007-2015	2007	GINA
Growth and Poverty Reduction Strategy (GPRSII)	2006	GINA
Imagine Ghana Free of Malnutrition	2005	GINA
Integrated Anaemia Control Strategy	2003	GINA
Labour Act	2003	GINA
National Reproductive Health Service Policy and Standards	2003	GINA
Food and Agriculture Sector Development Policy (FASDEP)	2002	GINA
Breastfeeding Promotion Regulations 2000, LI1667	2000	GINA
Vitamin A Policy	1998	GINA
Breastfeeding Promotion Regulations	1995	GINA
Food and Drug Law and Amendments:Universal Salt Iodisation	1995	GINA
National Plan of Action on Food and Nutrition	1995	GINA
Food and Drugs Act. 199	1992	GINA
Food and Agriculture Sector Development Policy		GINA
Food and Agriculture Sector Development Policy (FASDEP II)		GINA
Regenerative health and nutrition-program		GINA

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Programme title and actions	Start Year	View
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q20) Good Life Live it Well (Nutrition and Health) - Media promotion of healthy nutrition	2016	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Deworming	2012	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Extracurricular nutrition education	2012	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Micronutrient supplementation in schools	2012	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Monitoring children's growth in schools	2012	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - Nutrition education included in school curriculum	2012	GINA
GNPR 2016-2017: School health and nutrition (q11) School Health Policy - School feeding programmes	2012	GINA
Reducing Maternal and Child Undernutrition - Management of severe acute malnutrition	2012	GINA
Systems Approach to Improving and Sustaining Food Security in West Africa - Promotion of food security and agriculture	2012	GINA
Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Management of severe acute malnutrition	2011	GINA
Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Promotion of food security and agriculture	2011	GINA
Feed the Future: The U.S. Government's Global Hunger and Food Security Initiative - Promotion of household food security	2011	GINA
The Leyaata ("Rescue Us") Project to Reduce Maternal, Infant and Child Mortality - Distribution of insecticide-treated bednets	2011	GINA
Assistance to Ghanaian Food-Insecure Households in Northern Ghana - Food distribution/supplementation for prevention of acute malnutrition	2010	GINA
GAIN Nutritious Foods for Mothers and Children - Complementary food fortification	2010	GINA
Infant and Young Child Nutrition (IYCN) Project - Complementary feeding promotion and/or counselling	2010	GINA
Infant and Young Child Nutrition (IYCN) Project - Deworming	2010	GINA
Infant and Young Child Nutrition (IYCN) Project - Distribution of insecticide-treated bednets	2010	GINA
Infant and Young Child Nutrition (IYCN) Project - Food distribution/supplementation for prevention of acute malnutrition	2010	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Breastfeeding promotion and/or counselling	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Complementary feeding promotion and/or counselling	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Distribution of insecticide-treated bednets	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Growth monitoring and promotion	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Management of moderate malnutrition	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Oral rehydration solution promotion	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Preventive malaria treatment	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Vaccination	2009	GINA
Integrated Malnutrition, HIV/AIDS & TB (IMHAT) Prevention and Control Project - Vitamin A supplementation	2009	GINA
Food Security and Environment Facility - Promotion of food security and agriculture	2008	GINA
GAIN Universal Salt Iodization - Salt iodization	2008	GINA
Purchase for Progress (P4P) Pilot Initiative - Conditional cash transfer	2008	GINA
GNPR 2016-2017: Nutrition and infectious disease (q42) - Deworming	2007	GINA
GAIN Large-scale Food Fortification Program - Oil fortification	2002	GINA
GAIN Large-scale Food Fortification Program - Wheat flour fortification	2002	GINA
The MOST Project - Iron and folic acid supplementation	1997	GINA
The MOST Project - Sugar fortification	1997	GINA
The MOST Project - Vitamin A supplementation	1997	GINA
Iodin deficiency disorders control programme - Salt iodization	1996	GINA
Iodine Deficiency Disorders Control Programme - Salt iodization	1996	GINA
Improving nutrition of women and children: the MICA program - Biofortification	1995	GINA
GNPR 2016-2017: Infant and young child nutrition (q8) - Baby-friendly Hospital Initiative (BFHI)	1993	GINA
		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Food-based dietary guidelines		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Labelling of food products		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Media promotion of healthy nutrition		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Nutrition education and counselling		GINA
GNPR 2009-2010: Obesity and diet-related NCDs - Promotion of fruit and vegetable intake		GINA
GNPR 2009-2010: School-based nutrition - Deworming		GINA
GNPR 2009-2010: School-based nutrition - Food distribution/supplementation for prevention of acute malnutrition		GINA
GNPR 2009-2010: School-based nutrition - Implementation of legislation on marketing of unhealthy foods and beverages to children		GINA
GNPR 2009-2010: School-based nutrition - Improved food safety at vending places		GINA
GNPR 2009-2010: School-based nutrition - Nutrition-Friendly Schools Initiative (NFSI)/Health promoting schools		GINA
GNPR 2009-2010: School-based nutrition - Provision of safe water		GINA
GNPR 2009-2010: School-based nutrition - Vitamin A supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Complementary food fortification		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Folic acid supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Iron and folic acid supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Iron supplementation		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Oil fortification		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Salt iodization		GINA
GNPR 2009-2010: Vitamin and mineral nutrition - Vitamin A supplementation		GINA
GNPR 2016-2017: Infant and young child nutrition (q10) - Complementary feeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion		GINA
GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q9b) - Infant feeding in the context of HIV		GINA
GNPR 2016-2017: Nutrition and infectious disease (q40) - Counselling on nutritional support&care for people living with HIV		GINA
GNPR 2016-2017: Nutrition and infectious disease (q41) - Counselling on nutritional support & care for people living with TB		GINA
GNPR 2016-2017: Prevention and management of acute malnutrition (q38) - Management of moderate malnutrition		GINA
GNPR 2016-2017: Prevention and management of acute malnutrition (q39) - Management of severe acute malnutrition		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q12b) Dietary and Physical Activity Guidelines for Ghana - Nutrient-based dietary guidelines		GINA
GNPR 2016-2017: Promotion of healthy diet and prevention of obesity and diet-related NCDs (q21) - Nutrition education and counselling		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q28) - Wheat flour fortification		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q31) - Oil fortification		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q32) - Salt iodization		GINA
Infant and Young Child Nutrition (IYCN) Project - Counselling on nutritional support&care for people living with HIV		GINA
Infant and Young Child Nutrition (IYCN) Project - Preventive malaria treatment		GINA
School Feeding Programme - Multiple micronutrient powder (point-of-use fortification)		GINA