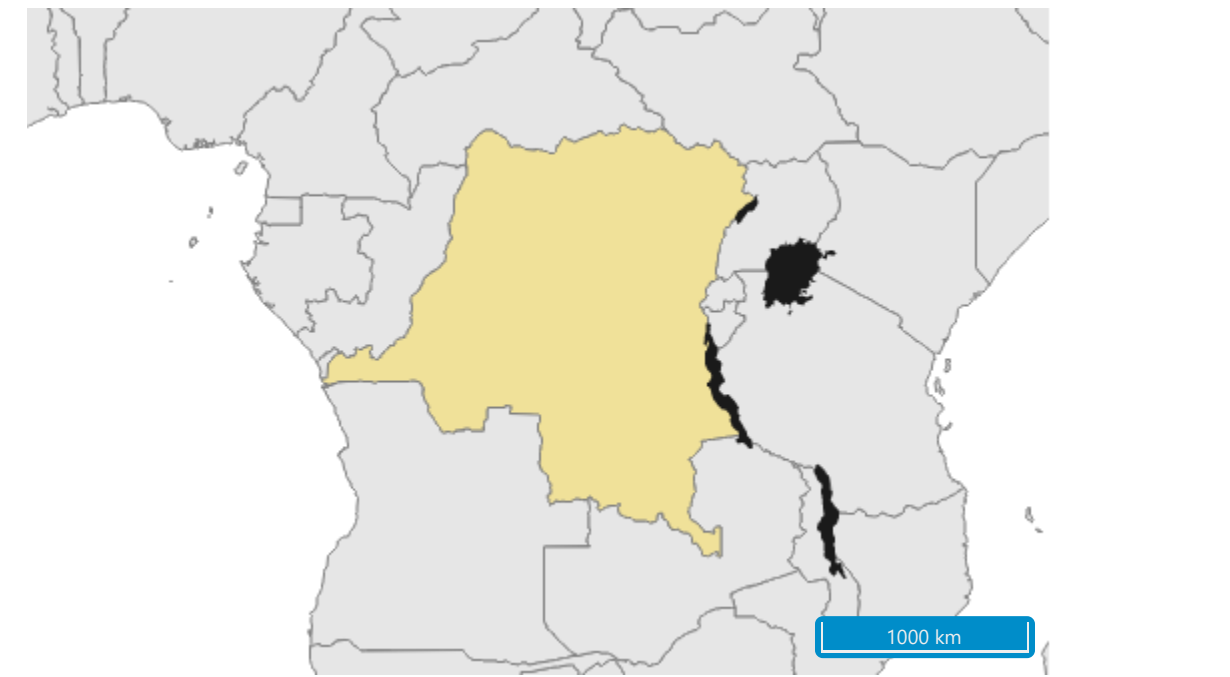


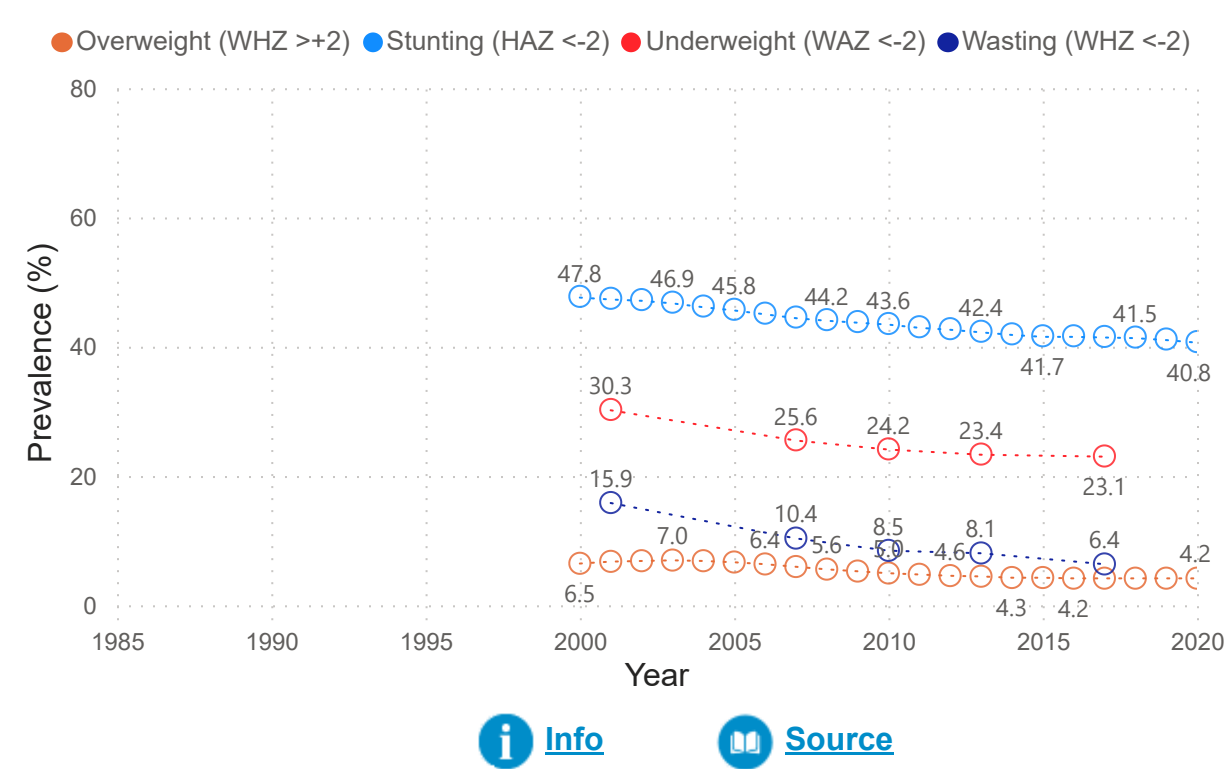


Country Profile

Democratic Republic of the Congo

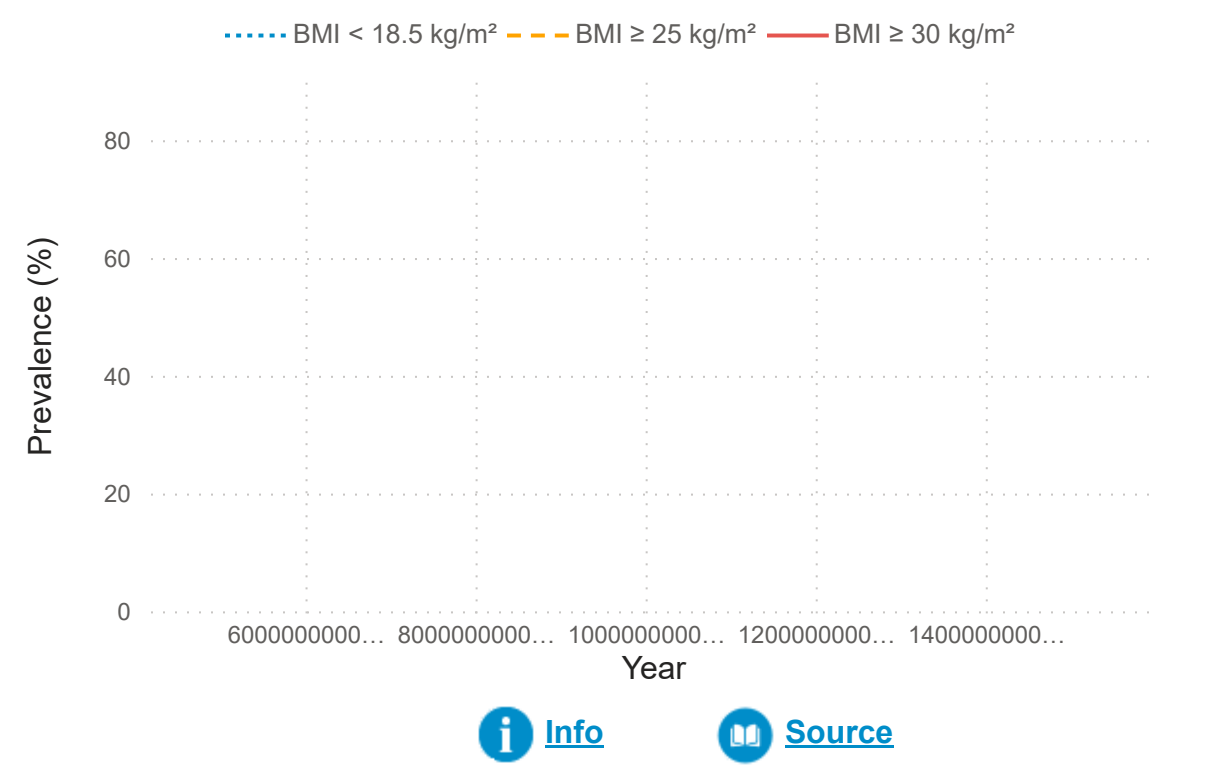
This country profile provides the most recent data contributing to a comprehensive view of the nutrition status, as well the nutrition-related health and development indicators.

Child Malnutrition



Indicator	Info	Year	Value	Source
Low birth weight, prevalence (%)	i	2015	10.8	View
Overweight (BMI-for-age >+1 SD) in school-age children and adolescents 5-19 years (%)	i	2016	10.2	View

Malnutrition in Women



Vitamin and Mineral Deficiencies

Indicator	Info	Year	Value	Source
Anaemia children <5 y (Hb<110 g/L) (%)	i	2019	64.9	View
Anaemia in non-pregnant women (Hb <120 g/L) (%)	i	2019	41.9	View
Anaemia in pregnant women (Hb <110 g/L) (%)	i	2019	46.5	View
Anaemia in women of reproductive age (%)	i	2019	42.4	View
Clinical vitamin A deficiency in women (history of night blindness during most recent pregnancy) (%)	i		No data	
Median urinary iodine concentration in children 6-12 years (µg/L)	i	2007	249	View
Subclinical vitamin A deficiency in preschool-age children (serum/plasma retinol <0.70 µmol/L) (%)	i		No data	

Health Services

Indicator	Info	Year	Value	Source
Any antenatal iron supplementation (%)	i	2014	58.2	View
Births attended by skilled health personnel (%)	i	2017-2018	85.2	View
Births in baby-friendly facilities (%)	i	2013	None	View
Children <5 years with diarrhoea receiving ORS (%)	i	2013-2014	41.9	View
Children aged 1 year immunized against measles (%)	i	2021	55	View
Children aged 6-59 months receiving vitamin A supplements (dose 1) (%)	i	2020	82	View
Children aged 6-59 months receiving vitamin A supplements (dose 2) (%)	i	2020	60	View
Children with diarrhoea receiving zinc and ORS (%)	i	2018	10.6	View
Mothers of children 0-23 months receiving counselling, support or messages on optimal breastfeeding at least once in the last year (%)	i		No data	
Population using improved drinking-water sources (%)	i	2020	19	View
Population using improved sanitation facility (%)	i	2020	13	View

Food Security

Indicator	Info	Year	Value	Source
Households consuming adequately iodized salt (15 parts per million or more) (%)	i		No data	
Population below minimum level of dietary energy requirement (undernourishment) (%)	i	2021	39.8	View
Population below the international poverty line (%)	i	2012	77	View

Caring Practices

Indicator	Info	Year	Value	Source
Adolescent birth rate (per 1,000 women aged 15-19 years)	i	2016	109	View
Availability of national-level provision for breastfeeding counselling services in public health and/or nutrition programmes	i		No data	
Children with diarrhoea <5 y receiving oral rehydration therapy (ORT) and continued feeding (%)	i	2018	30.8	View
Continued breastfeeding at 1 year in infants 12-15 months (%)	i	2017	88.2	View
Continued breastfeeding at 2 years in infants 20-23 months (%)	i	2017	50.1	View
Early initiation of breastfeeding (%)	i	2017	46.94101	View
Introduction to solid, semisolid or soft foods in infants 6-8 months (%)	i	2017	81.8814	View
Minimum acceptable diet (MAD) in children 6-23 months (%)	i	2013	8.4	View
Minimum dietary diversity (MDD) in children 6-23 months (%)	i	2013	17.2	View

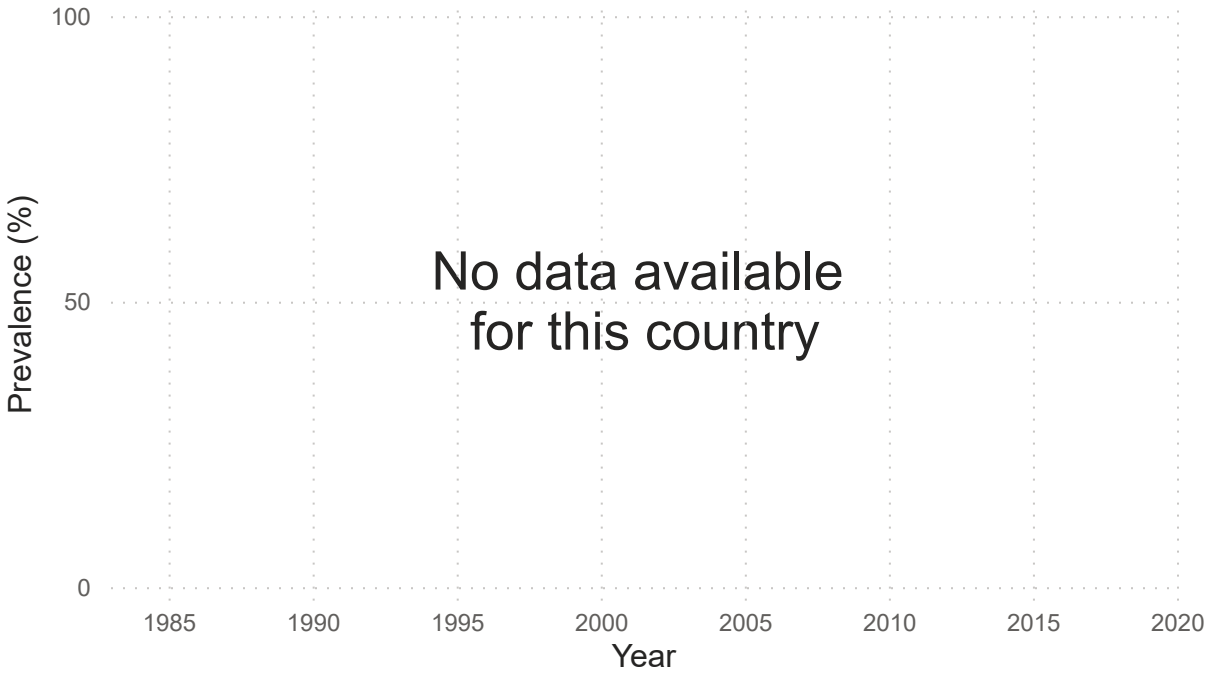
Commitment

Indicator	Info	Year	Value	Source
General government expenditure on health as % of total government expenditure (%)	i	2014	11.06	View
International Code on Marketing of Breast-milk Substitutes: Legal status of the Code	i	2020	Moderately aligned with the Code	View
Maternity protection: Compliance with international labour standards	i	2021	Meets leave length only	View
Nutrition component of Poverty Reduction Strategy Paper (PRSP)	i	2008	Weak	View
Nutrition component of the United Nations Development Assistance Framework (UNDAF)	i	2012	Medium	View
Nutrition Governance score	i	2018	-1.657509446	View
Per capita total expenditure on health (US\$)	i	2014	32.28	View
Total expenditure on health as % of gross domestic product	i	2014	4.33	View

Meta-indicators

Indicator	Info	Year	Value	Source
Averaged aggregate governance indicators	i	2019	-1.6	View
Gender Inequality Index (GII)	i	2019	0.617	View
Gender Parity Index in primary level enrolment (ratio of girls to boys)	i	2019	No data	View
Global Hunger Index (GHI)	i	2021	30.3	View
Human development index (HDI)	i	2019	0.48	View
Seats held by women in national parliament (%)	i	2022	12.8	View

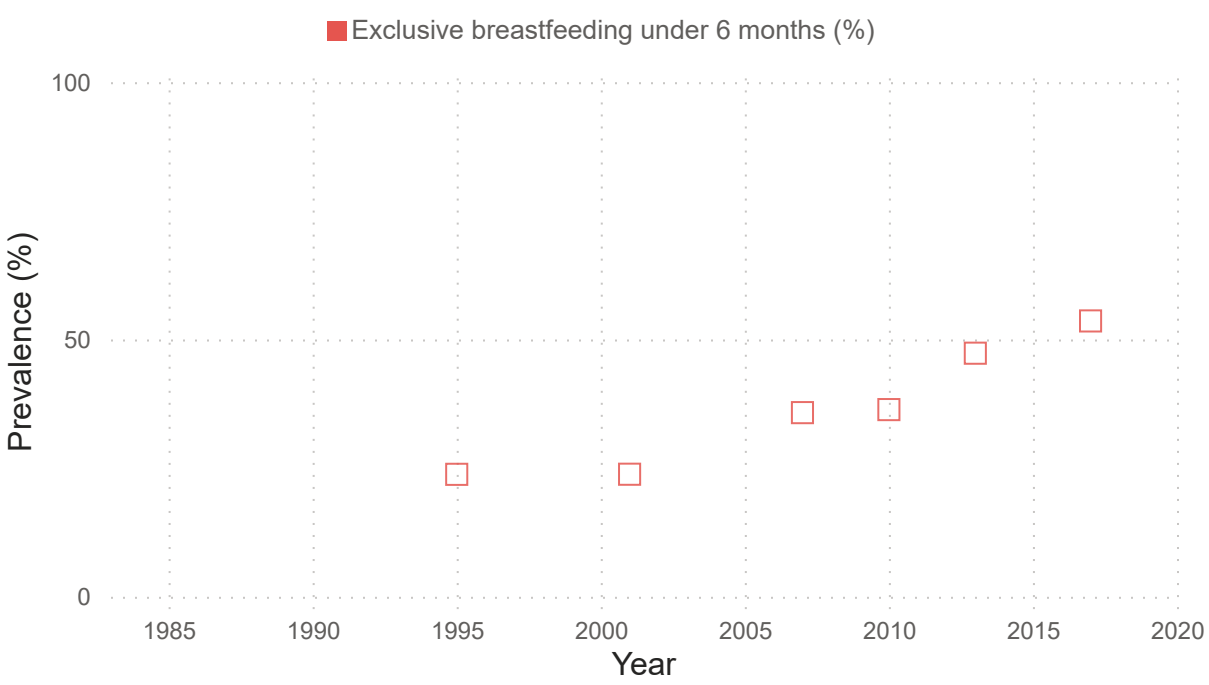
Education



[Info](#)

[Source](#)

Breastfeeding



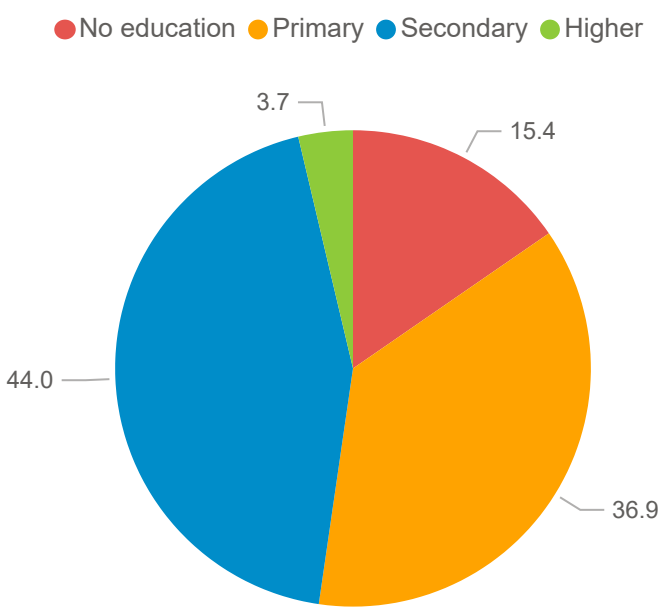
[Info](#)

[Source](#)

Capacity

Indicator	Info	Year	Value	Source
Degree training in nutrition exists	i	2017	Yes	View
GDP per capita (PPP US\$)	i	2021	1218.76813	View
GDP per capita annual growth rate (%)	i	2021	5.7	View
Low-Income Food-Deficit Country (LIFDC)	i	2021	Yes	View
Nursing and midwifery personnel density per 1,000 population	i	2009	0.961	View
Nutrition is part of medical curricula	i	2017	Yes	View
Nutrition professionals density (per 100,000 population)	i	2017	3.9	View
Official development assistance (ODA) received (net disbursements) (% of GNI)	i	2019	6.2	View

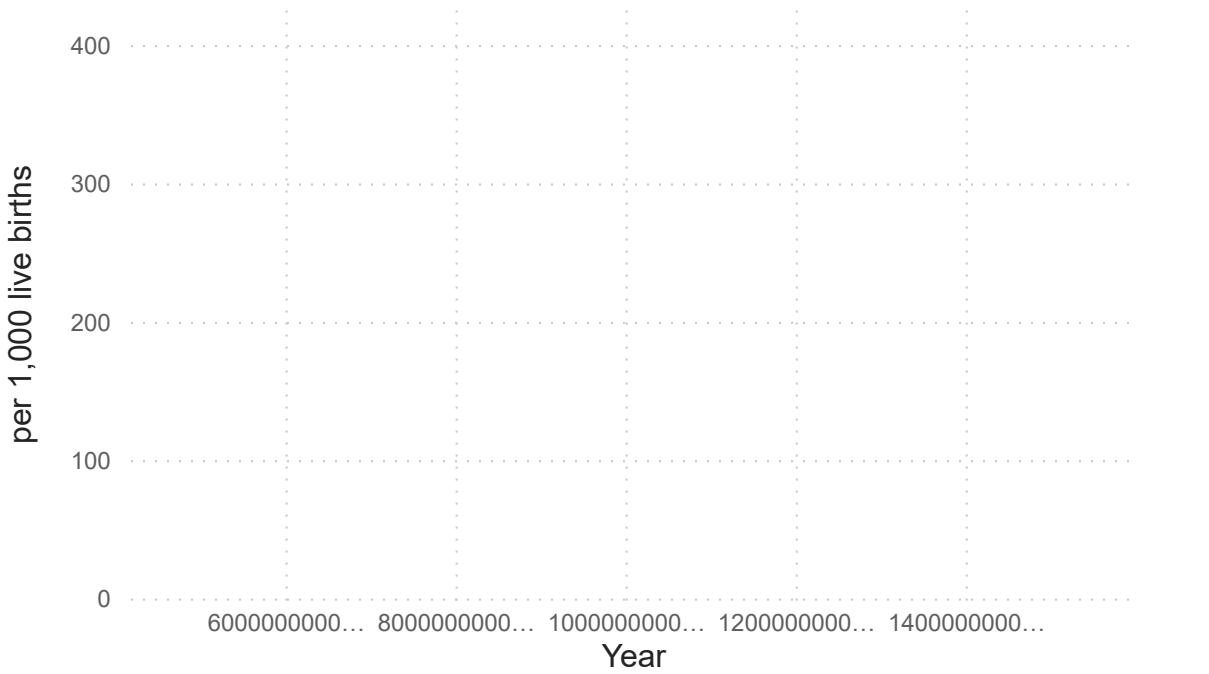
Female Education Levels 2013



[Info](#)

[Source](#)

Under 5 Mortality



[Info](#)

[Source](#)

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Policy Title	Start Year	View
LOI n° 18-002 du 13 mars 2018 portant Code des accises	2018	GINA
Plan-cadre des Nations Unies pour l'Assistance au Développement (UNDAF)	2013	GINA
Décret n° 2012-674 du 24 mai 2012 portant création, attributions, organisation et fonctionnement de la commission nationale de fortification des aliments	2012	GINA
Second Generation Growth and Poverty Reduction Strategy (GPRSP 2)	2011	GINA
Arrêté n°1250/CAB/MIN/S//008/MC/2006 du 28 mars 2006 portant Code congolais de commercialisation des substituts du lait maternel	2006	GINA
Loi n° 015/2002 du 16 octobre 2002 portant Code du Travail	2002	GINA
Plan National D'Action Pour La Nutrition (PNAN)	1994	GINA
Normes et directives des interventions intégrées de sante de la mère, du nouveau-né et de l'enfant en République Démocratique du Congo		GINA

Policies & Actions in the Global database on the Implementation of Nutrition Action (GINA)

Programme title and actions	Start Year	View
CDC IMMPaCt/UNICEF: Integrated infant and young child nutrition and lipid-based nutrient supplement program in the Democratic Republic of the Congo (2009 - present) - Lipid-based nutrient supplementation	2009	GINA
Purchase for Progress (P4P) Pilot Initiative - Conditional cash transfer	2008	GINA
GNPR 2016-2017: Nutrition and infectious disease (q42) - Deworming	2005	GINA
GNPR 2016-2017: Nutrition and infectious disease (q40) - Counselling on nutritional support&care for people living with HIV	2004	GINA
GNPR 2016-2017: Infant and young child nutrition (q10) - Complementary feeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q6) - Growth monitoring and promotion		GINA
GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling		GINA
GNPR 2016-2017: Infant and young child nutrition (q9a) - Feeding of LBW infants		GINA
GNPR 2016-2017: Infant and young child nutrition (q9b) - Infant feeding in the context of HIV		GINA
GNPR 2016-2017: Infant and young child nutrition (q9c) - Infant feeding in the context of emergencies		GINA
GNPR 2016-2017: Nutrition and infectious disease (q41) - Counselling on nutritional support & care for people living with TB		GINA
GNPR 2016-2017: Prevention and management of acute malnutrition (q37) - Food distribution/supplementation for prevention of acute malnutrition		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iodine supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron and folic acid supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Iron supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Multiple micronutrients supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q25) - Vitamin A supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Multiple micronutrients supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Vitamin A supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q27) - Zinc supplementation		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q28) - Wheat flour fortification		GINA
GNPR 2016-2017: Vitamin and mineral nutrition (q32) - Salt iodization		GINA